

ESSENTIAL DRUGS

And

APPROVED INJECTION

LIST

FOR

PRIMARY HEALTH CARE CLINICS

(PHCC)

Prescribed under Sections 115, 120 and 172 of the

(Applicable for CMS&ED / Allied Healthcare Professionals under NAHPA Act, 2025)



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1. General Principles

1. Only **Essential & Over-the-Counter (OTC)** medicines shall be stocked and dispensed.
2. **No narcotics, psychotropics, or scheduled prescription-only antibiotics** (Schedule H, H1, X) may be stocked.
3. All medicines shall be procured from **licensed wholesalers** and logged in the **Drug Stock Register**.
4. Every medicine pack shall bear **batch number, expiry, and manufacturer details**.
5. Temperature-sensitive items must be stored in a **cold cabinet (2–8 °C)**.

2. CATEGORY-WISE ESSENTIAL DRUGS LIST

A) ANALGESICS & ANTIPYRETICS

Sr. No.	Name of Medicine	Indication / Use	Strength / Formulation
1	Paracetamol	Fever, mild pain	500 mg tablet / 125 mg per 5 ml syrup
2	Ibuprofen	Musculoskeletal pain	200 mg tablet / 100 mg per 5 ml syrup
3	Mefenamic Acid	Menstrual / dental pain	250 mg tablet
4	Diclofenac Gel	Local pain / sprain	1 % topical gel
5	Aspirin (low-dose)	Antiplatelet (if trained)	75 mg tablet

B) ANTACIDS & GASTRO-INTESTINAL DRUGS

Sr. No.	Medicine	Indication	Form / Strength
6	Antacid Suspension (Al-Mg Hydroxide)	Acidity / gastritis	170 ml bottle
7	Pantoprazole / Omeprazole	Acid reflux	20 mg tablet
8	ORS (WHO Formula)	Dehydration	1 sachet = 1 L solution
9	Zinc Sulphate Syrup	Diarrhoea (children)	20 mg per 5 ml
10	Lactobacillus Capsule / Sachet	Gut probiotic	Standard dose

C. ANTISEPTICS & DISINFECTANTS

Sr. No.	Item	Use	Remarks / Form
11	Povidone-Iodine (5–10 %)	Wound cleaning	100 ml bottle
12	Spirit / Isopropyl Alcohol 70 %	Skin disinfection	500 ml bottle
13	Hydrogen Peroxide 3 %	Wound cleansing	100 ml bottle
14	Chlorhexidine Solution / Savlon	Hand & surface cleaning	500 ml bottle
15	Hand Sanitiser (Alcohol based)	Infection control	250 ml bottle

D. ANTIBIOTICS (TOPICAL / BASIC SYSTEMIC — SUPERVISED USE)

Sr. No.	Medicine	Indication	Formulation / Note
16	Amoxicillin 250 mg	Respiratory / dental infection	Oral tab / syrup (<i>Schedule H — on prescription only</i>)
17	Cotrimoxazole DS	UTI / skin infection	960 mg tablet
18	Metronidazole	Diarrhoea / protozoal infection	400 mg tablet
19	Neomycin / Framycetin Ointment	Wound infection	15 g tube
20	Ciprofloxacin Eye / Ear Drops	Eye / ear infection	10 ml bottle

E. ANTI-ALLERGIC & RESPIRATORY DRUGS

Sr. No.	Medicine	Use	Form / Strength
21	Cetirizine / Loratadine	Allergy / rhinitis	10 mg tablet / syrup
22	Chlorpheniramine Maleate	Cough / cold	2 mg per 5 ml syrup
23	Salbutamol Inhaler	Bronchospasm / asthma	100 µg per dose
24	Nebuliser Normal Saline (0.9 %)	Airway moistening	Ampoule + device
25	Menthol / Camphor Ointment	Chest rub	10 g tube

F. VITAMINS, MINERALS & NUTRITIONAL SUPPLEMENTS

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Sr. No.	Medicine	Use	Formulation
26	Multivitamin Tablet / Syrup	Nutritional support	Standard dose
27	Folic Acid	Anaemia / pregnancy	5 mg tablet
28	Ferrous Sulphate + Folic Acid	Iron deficiency	Tab / syrup
29	Calcium + Vitamin D3	Bone / muscle support	Tablet
30	Vitamin C	Immunity support	500 mg chewable tab

G. ANTISEPTIC DRESSINGS & CONSUMABLES

Sr. No.	Item	Purpose
31	Sterile Gauze & Bandage Rolls	Wound dressing
32	Cotton Roll & Adhesive Tape	Minor procedures
33	Disposable Gloves & Masks	Infection control
34	Syringes (2–10 ml) + IV Set	Injection / IV use
35	IV Fluids (NS 0.9 %, RL)	Emergency rehydration
36	Glucometer + Strips	Blood sugar monitor
37	BP Apparatus / Stethoscope	Vital monitoring
38	Thermometer (Digital)	Temperature record
39	Pulse Oximeter	Oxygen saturation
40	Disposable Apron / Cap	Clean procedure kit

H. EMERGENCY / FIRST-AID DRUGS

Sr. No.	Medicine / Item	Use	Formulation / Note
41	Adrenaline 1 mg/ml Ampoule	Anaphylaxis / shock	Injectable (Trained use only)
42	Atropine Ampoule	Bradycardia / shock	Injectable
43	Dextrose 25 % IV / Glucose D Powder	Hypoglycaemia	IV / oral
44	Oral Rehydration Solution	Dehydration	Sachet
45	Activated Charcoal Powder	Poison first aid	Powder sachet

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Sr. No.	Medicine / Item	Use	Formulation / Note
46	Analgesic Spray / Gel	Muscle injury	50 ml bottle
47	Ice Pack / Hot Pack	Pain relief	Reusable kit

I. EYE & EAR PREPARATIONS

Sr. No.	Medicine	Indication	Form
48	Artificial Tears	Dry eye	10 ml drop
49	Chloramphenicol Eye Drops	Bacterial conjunctivitis	10 ml
50	Wax Solvent Drops	Ear wax removal	10 ml
51	Gentian Violet Solution	Antifungal / wound care	10 ml bottle

J. SKIN & TOPICAL PREPARATIONS

Sr. No.	Medicine	Use	Formulation
52	Calamine Lotion	Itching / rash	100 ml
53	Hydrocortisone Cream 1 %	Dermatitis	15 g tube
54	Clotrimazole Cream 1 %	Fungal infection	15 g tube
55	Permethrin Cream 5 %	Scabies	30 g tube
56	Silver Sulfadiazine 1 %	Minor burns	15 g tube

K. REPRODUCTIVE & WOMEN'S HEALTH SUPPLIES

Sr. No.	Medicine / Item	Use	Formulation
57	Oral Contraceptive Pill Pack	Family planning	Monthly pack
58	Condoms	STD prevention	Pack of 10
59	Iron + Folic Acid Tablet	Anaemia control	Tablet
60	Sanitary Pads (for distribution)	Menstrual hygiene	Pack

L. EYE / EAR / ENT ADDITIONAL

No.	Medicine	Use / Indication	Formulation
68	Tobramycin Eye Drops	Bacterial eye infection	10 ml
69	Moxifloxacin Eye Drops	Severe conjunctivitis	5 ml
70	Ofloxacin Eye/Ear Drops	Eye & ear infections	10 ml
71	Cetrimide Gargle Solution	Mouth ulcer / throat wash	100 ml
72	Betadine Gargle	Throat infection	100 ml
73	Lidocaine Gel 2%	Oral / ENT anaesthetic	30 g tube
74	Oxymetazoline Nasal Spray	Nasal congestion	10 ml
75	Sodium Chloride Nasal Spray	Dry nasal passages	10 ml
76	Clotrimazole Ear Drops	Fungal ear infection	10 ml
77	Lidocaine Ear Drops	Ear pain relief	10 ml

M. ANTIBIOTICS (MODERATE RANGE — DOCTOR SUPERVISED)

No.	Medicine	Indication	Formulation
78	Azithromycin	Respiratory infection	250 mg tab
79	Doxycycline	Typhoid, acne, malaria	100 mg tab
80	Cefixime	Typhoid, UTI	200 mg tab
81	Amoxicillin + Clavulanic Acid	ENT / dental infections	625 mg tab
82	Levofloxacin	Respiratory / urinary infection	500 mg tab
83	Norfloxacin + Tinidazole	Diarrhoea / UTI	Tab
84	Ofloxacin + Ornidazole	GI infection	Tab
85	Cephalexin	Skin & soft tissue infections	500 mg tab
86	Ciprofloxacin	Typhoid / wound infection	500 mg tab
87	Roxithromycin	Throat infection	150 mg tab

N. GASTRO-INTESTINAL & DIGESTIVE HEALTH

No.	Medicine	Use	Formulation
88	Domperidone	Nausea / vomiting	10 mg tab
89	Metoclopramide	Nausea, reflux	10 mg tab
90	Ondansetron	Vomiting (adult/child)	4 mg tab / 2 mg/5 ml syrup
91	Simethicone Drops	Gas / colic (infant)	30 ml
92	Dicyclomine	Abdominal cramp	10 mg tab / syrup
93	Loperamide	Diarrhoea (adult)	2 mg tab
94	Lactulose Syrup	Constipation	200 ml
95	Isabgol Husk	Constipation / fibre	100 g
96	Activated Charcoal	Poison / gas	50 g
97	Sucralfate Suspension	Ulcer protection	100 ml

O. CARDIOVASCULAR & BLOOD PRESSURE MANAGEMENT

No.	Medicine	Use	Formulation
98	Amlodipine	Hypertension	5 mg tab
99	Atenolol	Hypertension / palpitations	25 mg tab
100	Losartan Potassium	Hypertension	50 mg tab
101	Telmisartan	High BP	40 mg tab
102	Enalapril	Heart failure	5 mg tab
103	Furosemide	Diuretic (swelling)	40 mg tab
104	Spironolactone	Water retention	25 mg tab
105	Clopidogrel	Antiplatelet	75 mg tab
106	Atorvastatin	Cholesterol control	10 mg tab
107	Rosuvastatin	Lipid lowering	10 mg tab

P. ENDOCRINE / DIABETIC MANAGEMENT

No.	Medicine	Use	Formulation
108	Metformin	Diabetes	500 mg tab
109	Glimepiride	Diabetes type 2	1 mg tab
110	Pioglitazone	Insulin resistance	15 mg tab
111	Sitagliptin	Blood sugar control	50 mg tab
112	Alpha-Lipoic Acid	Neuropathy	Tab
113	L-Carnitine	Energy / fatigue	Tab
114	Diabetic Foot Cream	Skin care	Tube
115	Insulin Syringe	For insulin injection	Disposable
116	Oral Glucose Gel	Hypoglycemia	Tube
117	Glucometer Strips	Monitoring	Strip

Q. WOMEN'S HEALTH & GYNAECOLOGY SUPPORT

No.	Medicine / Supply	Use	Formulation
118	Iron + Folic Acid	Anaemia	Tab / syrup
119	Calcium + Vitamin D3	Pregnancy supplement	Tab
120	Drotaverine	Menstrual cramps	40 mg tab
121	Tranexamic Acid	Heavy bleeding	500 mg tab
122	Antiseptic Vaginal Wash	Hygiene	100 ml
123	Clotrimazole Vaginal Tab	Fungal infection	100 mg tab
124	Pregnancy Test Kit	Screening	Strip
125	Emergency Contraceptive	Post-unprotected sex	1.5 mg tab
126	Oral Contraceptive Pill	Birth control	Pack
127	Sanitary Pads	Hygiene	Pack

R. PAEDIATRIC (CHILD HEALTH) DRUGS

No.	Medicine	Use	Formulation
128	Paracetamol Drops	Fever	100 mg/ml
129	Ibuprofen Suspension	Pain / fever	100 mg/5 ml
130	Amoxicillin Syrup	Infection	125 mg/5 ml
131	ORS Sachet (Child)	Dehydration	200 ml
132	Zinc Syrup	Diarrhoea	20 mg/5 ml
133	Albendazole Syrup	Deworming	400 mg/10 ml
134	Multivitamin Syrup	Growth	100 ml
135	Cough Syrup (CPM + Dextromethorphan)	Cough	100 ml
136	Electrolyte Powder	Rehydration	Sachet
137	Salbutamol Syrup	Wheezing	2 mg/5 ml

S. SKIN & DERMATOLOGY

No.	Medicine	Use	Formulation
138	Fusidic Acid Cream	Boils / infection	15 g
139	Ketoconazole Cream	Fungal infection	2 %
140	Mupirocin Ointment	Cuts / wounds	15 g
141	Benzyl Benzoate Lotion	Scabies	100 ml
142	Calamine + Aloe Lotion	Itching	100 ml
143	Moisturising Cream	Dry skin	100 g
144	Sunscreen Lotion SPF 30	Sun protection	50 ml
145	Antifungal Dusting Powder	Rash	100 g
146	Retinol Cream	Acne scars	Tube
147	Clindamycin Gel	Acne	15 g

T. PAIN, JOINT & MUSCULOSKELETAL SUPPORT

No.	Medicine	Use	Formulation
148	Diclofenac Tablet	Pain relief	50 mg
149	Aceclofenac + Paracetamol	Joint pain	Tab
150	Calcium Citrate + D3	Bone health	Tab
151	Collagen Peptide + Vit C	Joint support	Sachet
152	Methocarbamol	Muscle relaxant	500 mg tab
153	Linseed Oil Gel	Pain balm	30 g
154	Diclofenac Patch	Local pain	Patch
155	Crepe Bandage	Sprain	Roll
156	Hot / Cold Bag	Therapy	Reusable
157	Knee Cap / Support	Joint protection	Elastic band

U. VITAMINS, MINERALS & IMMUNITY SUPPORT (ADVANCED)

No.	Medicine	Use	Formulation
158	Vitamin E Capsule	Antioxidant	400 IU
159	Omega-3 Fish Oil	Heart / brain	Capsule
160	Vitamin B12 (Methylcobalamin)	Nerve pain	1500 mcg tab
161	Vitamin D3 60k IU	Deficiency	Sachet
162	Coenzyme Q10	Cardiac support	Capsule
163	Selenium + Zinc	Immunity	Tab
164	Antioxidant Multivitamin	Wellness	Tab
165	Biotin	Hair / nail growth	10 mg tab
166	L-Arginine	Circulation support	Sachet
167	Vitamin K2 + D3	Bone strength	Capsule

V. GENERAL & HOUSEHOLD HEALTH SUPPLIES

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No.	Item	Purpose / Use
168	Handwash / Soap	Hygiene
169	Surface Disinfectant (Lizol / Phenyl)	Cleaning
170	Dettol / Savlon	Disinfection
171	Bio-medical Waste Bins	Segregation
172	Needle Destroyer	Safety
173	Autoclave Bags	Waste
174	PPE Kit	Safety gear
175	Mask / Apron / Cap	Protection
176	Goggles / Face Shield	Safety
177	Waste Label Stickers	Identification
178	Steriliser / Autoclave	Equipment
179	Sterile Surgical Set	Dressing
180	Water Filter / Dispenser	Drinking water
181	Mosquito Net / Repellent	Vector control
182	Hand Gloves (Reusable)	Cleaning
183	Plastic Trays	Dressing use
184	Sharp Box	Needle disposal
185	BP Apparatus	Vitals
186	Stethoscope	Examination
187	Digital Thermometer	Temperature
188	Pulse Oximeter	Oxygen saturation
189	Glucometer	Sugar check
190	Weighing Machine	BMI
191	Height Scale	BMI
192	Examination Table	Patient check-up

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No.	Item	Purpose / Use
193	Torch Light	ENT use
194	Minor Surgical Instruments	Dressing use
195	Autoclave Drum	Sterilisation
196	Sterile Drapes	Procedure use
197	First Aid Box	Emergency
198	Emergency Oxygen Kit	Resuscitation
199	Fire Extinguisher	Safety
200	Record & Drug Register (PHC/3)	Documentation

W. AYUSH & ALTERNATIVE SUPPORTIVE ITEMS

No.	Medicine / Supplement	Use	Formulation
201	Tulsi Extract	Cough / cold	Drops
202	Ashwagandha Powder	Stress / immunity	100 g
203	Giloy Tablets	Immunity / fever	500 mg tab
204	Triphala Churna	Digestion	100 g
205	Isabgol Husk	Constipation	100 g
206	Aloe Vera Juice	Skin / stomach	500 ml
207	Turmeric Capsule	Anti-inflammatory	500 mg
208	Neem Capsules	Skin health	500 mg
209	Moringa Capsules	Nutrition	500 mg
210	Brahmi Syrup	Memory tonic	200 ml

X. DIABETIC CARE & ENDOCRINE SUPPORT (ADVANCED)

No.	Medicine	Use	Formulation
211	Gliclazide	Type 2 diabetes	40 mg tab
212	Voglibose	Post-meal sugar control	0.2 mg tab

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No.	Medicine	Use	Formulation
213	Teneligliptin	Sugar control	20 mg tab
214	Linagliptin	Blood sugar	5 mg tab
215	Metformin SR	Prolonged action	500 mg tab
216	Myo-Inositol	PCOD / insulin sensitivity	Sachet
217	Chromium Picolinate	Sugar metabolism	Cap
218	Insulin Pen Cartridge	Diabetic management	3 ml
219	Glucagon Injection	Hypoglycemia emergency	1 mg inj
220	Foot Powder (Antifungal)	Diabetic care	100 g

Y. INFECTIOUS DISEASE / FEVER MANAGEMENT

No.	Medicine	Use / Indication	Formulation
221	Chloroquine	Malaria (confirmed)	250 mg tab
222	Artemether + Lumefantrine	Malaria	Tab
223	Doxycycline + Tinidazole	Typhoid / fever	Tab
224	Cefuroxime Axetil	RTI / UTI	500 mg tab
225	Paracetamol IV / Infusion	Fever (severe)	100 ml vial
226	Azithromycin 500 mg	Typhoid / bronchitis	Tab
227	Ciprofloxacin IV	Infection	200 mg/100 ml
228	Metronidazole IV	GI infection	100 ml
229	Normal Saline + Dextrose	IV Rehydration	500 ml
230	Vitamin C Injection	Immunity	1 ml ampoule

Z. RESPIRATORY & CHEST CARE

No.	Medicine / Device	Use	Formulation
231	Budesonide Inhaler	Asthma / COPD	200 mcg
232	Levosalmolamol Inhaler	Wheeze relief	100 mcg

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No.	Medicine / Device	Use	Formulation
233	Montelukast + Levocetirizine	Allergy + asthma	Tab
234	Ambroxol SR	Cough	75 mg tab
235	Guaifenesin + Dextromethorphan	Dry cough	Syrup
236	Steam Inhaler Device	Airway clearance	Electrical
237	Spacer Device	Asthma inhalation aid	Plastic
238	Nebuliser Machine	Nebulisation	Electric
239	Salbutamol Nebule	Nebulisation drug	2.5 ml
240	Oxygen Mask & Tubing	Oxygen therapy	Reusable set

APPROVED INJECTION

LIST FOR PRIMARY HEALTH CARE CLINIC (PHCC)

(Under NAHPA / NPAR Non-Statutory Licensing Framework – 2025)

A. EMERGENCY & LIFE-SAVING INJECTIONS

No.	Injection	Use
1	Adrenaline 1 mg/ml	Anaphylaxis / cardiac arrest
2	Atropine Sulphate 1 mg/ml	Bradycardia / poisoning
3	Hydrocortisone 100 mg	Emergency steroid
4	Dexamethasone 4 mg/ml	Severe allergy / asthma
5	Methylprednisolone 40 mg	Acute inflammation
6	Dopamine	Shock / low BP (doctor order)
7	Noradrenaline	Shock (hospital referral)
8	Diazepam 10 mg/2ml	Convulsion control
9	Midazolam	Seizures / sedation (supervised)
10	Furosemide 20 mg	Pulmonary edema

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No.	Injection	Use
11	Mannitol 20%	Raised ICP (supervised)
12	Aminophylline	Asthma severe attack
13	Sodium Bicarbonate 7.5%	Acidosis
14	Normal Saline Bolus	Shock
15	Ringer Lactate Bolus	Rehydration

B. PAIN MANAGEMENT / ANALGESIC INJECTIONS

No.	Injection	Use
16	Diclofenac Sodium 75 mg	Pain / inflammation
17	Ketorolac 30 mg	Severe pain
18	Tramadol 50 mg	Moderate pain
19	Paracetamol IV 100 ml	High fever / severe pain
20	Pentazocine	Pain (restricted)
21	Neurobion Forte Inj	Nerve pain
22	B-Complex Injection	Weakness
23	Dynapar AQ	Acute pain
24	Lornoxicam Injection	Pain relief
25	Aceclofenac Injection	Musculoskeletal pain
26	Piroxicam Injection	Pain
27	Chymotrypsin Injection	Swelling
28	Etoricoxib Injection	Pain (special use)
29	Hyoscine Butylbromide	Abdominal cramp
30	Phenergan (Promethazine)	Allergy / vomiting

C. ANTI-ALLERGIC / ANTI-HISTAMINE INJECTIONS

No.	Injection	Use
31	Chlorpheniramine Maleate (CPM)	Allergy
32	Avil Injection	Allergy
33	Adrenaline + Antihistamine Combo	Anaphylaxis
34	Hydrocortisone High Dose	Severe reaction
35	Dimenhydrinate	Motion sickness
36	Levocetirizine Inj	Allergic conditions
37	Dexamethasone (Extra stock)	Allergy
38	Montelukast Inj (rare)	Allergy
39	Ranitidine Injection	Gastric allergy
40	Pantoprazole Injection	GERD / gastric acidity

D. ANTIBIOTIC INJECTIONS (*Doctor-Supervised*)

No.	Injection	Use
41	Ceftriaxone 1 g	Broad antibiotic
42	Cefotaxime	Infection
43	Cefuroxime	RTI/UTI
44	Cefixime IV	Typhoid/UTI
45	Amoxicillin-Clavulanic Acid 1.2 g	Severe infection
46	Amikacin 500 mg	UTI / sepsis
47	Gentamicin 80 mg	Infection
48	Metronidazole IV 500 mg	GI infections
49	Piperacillin + Tazobactam	Severe infection
50	Ciprofloxacin IV	Infection

No.	Injection	Use
51	Levofloxacin IV	Respiratory infection
52	Clindamycin Injection	Skin infections
53	Doxycycline IV	Typhoid
54	Azithromycin IV	Respiratory infection
55	Tobramycin	Eye infections (Hospital use)
56	Linezolid IV	Resistant infections
57	Meropenem	Hospital grade
58	Vancomycin	Restricted use
59	Teicoplanin	Severe gram-positive
60	Colistin (Restricted)	ICU-level

E. GYNAECOLOGY & WOMEN’S HEALTH INJECTIONS

No.	Injection	Use
61	Oxytocin	PPH control (supervised)
62	Tranexamic Acid	Bleeding
63	Iron Sucrose	Severe anemia
64	Iron Dextran	Anaemia
65	Vitamin K	Bleeding
66	Anti-D Immunoglobulin	RH-negative mothers
67	Drotaverine Injection	Labor pain
68	Progesterone Injection	Pregnancy support
69	Human Chorionic Gonadotropin	Fertility
70	Calcium Gluconate	Hypocalcemia

F. PAEDIATRIC INJECTIONS

No.	Injection	Use
71	Pediatric Paracetamol IV	Fever
72	Pediatric Ondansetron	Vomiting
73	Vitamin K (Neonate)	Bleeding prevention
74	Ceftriaxone Pediatric	Infection
75	Ampicillin	Neonatal infection
76	Gentamicin Pediatric	Infection
77	Salbutamol Nebule	Wheezing
78	Budesonide Nebule	Asthma
79	ORS IV Solution	Dehydration
80	Pediatric Multivitamin Inj	Deficiency

G. IV FLUID & ELECTROLYTE INJECTIONS

No.	Injection / Fluid	Use
81	Normal Saline (NS)	Rehydration
82	Ringer Lactate	Shock / dehydration
83	DNS (Dextrose NS)	Mild dehydration
84	Dextrose 5%	Energy
85	Dextrose 25%	Hypoglycemia
86	Dextrose 50%	Emergency use
87	Sodium Chloride 3%	Severe hyponatremia
88	Potassium Chloride (Dilution only)	Hypokalemia
89	Magnesium Sulphate	Eclampsia / cramps
90	Vitamin C IV Infusion	Immunity support

H. LOCAL ANAESTHETICS / MINOR PROCEDURE INJECTIONS

No.	Injection	Use
91	Lignocaine 2%	Local anaesthesia
92	Lignocaine + Adrenaline	Dental procedure
93	Bupivacaine	Regional block
94	Ketamine (Supervised)	Sedation for minor procedure
95	Xylocaine Jelly	Catheterization
96	Lidocaine Patch (Injectable Adjunct)	Pain block
97	Hyaluronidase	Injection absorption
98	Sterile Water for Injection	Dilution
99	Normal Saline 10 ml	Dilution / cleaning
100	Sterile Distilled Water	Various uses

ONE-PAGE INJECTION SAFETY & ADMINISTRATION GUIDELINES

A. GENERAL GUIDELINES

Sr	Guideline	Summary
1	Qualified Staff	Injection केवल प्रशिक्षित CMS&ED / Allied Professional द्वारा दिया जाए।
2	Doctor Order	Antibiotic, Insulin, Sedative injection डॉक्टर के लिखित आदेश से ही।
3	Hand Hygiene	Injection से पहले/बाद में हाथ धोना या sanitizer अनिवार्य।
4	Sterile Syringes	हर injection में केवल single-use sterile syringe इस्तेमाल हो।
5	Gloves Mandatory	Gloves पहनकर ही injection दें।
6	Alcohol Swab	Skin को alcohol swab से साफ करना ज़रूरी।
7	Patient Consent	Dose व कारण बताकर consent लेना आवश्यक।
8	Observation	Injection के बाद patient को 5–10 मिनट observe करें।

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Sr	Guideline	Summary
9	Emergency Kit	Adrenaline, Oxygen, IV Set, BP Machine clinic में ready रहे
10	Sharp Disposal	Needle तुरंत sharp box/needle destroyer में डालें

B. STORAGE RULES

Sr	Guideline	Summary
11	Cold Chain	Vaccine, Insulin, कुछ antibiotics 2–8°C refrigerator में रखें
12	Daily Temp Log	Refrigerator का temperature रोज दर्ज करें
13	No Food	Medical fridge में food items प्रतिबंधित हैं
14	Room Temp Storage	Painkiller/steroid injections ठंडी, सूखी जगह रखें
15	Batch & Expiry	हर vial पर batch/expiry clearly दिखना चाहिए

C. ADMINISTRATION RULES

Sr	Rule	Summary
16	IM Route	Deltoid/Gluteal/Vastus site; 22–23G needle; slow injection।
17	IV Route	20–24G cannula; drip slow start; secure dressing।
18	SC Route	25–26G needle; skin pinch technique।
19	No Massage	Injection के बाद site पर massage न करें
20	Test Dose	High-risk antibiotics में allergy test आवश्यक।

D. HIGH-RISK INJECTION CONTROL

Sr	Injection Category	Summary
21	Antibiotics	Doctor supervision अनिवार्य।
22	Steroids	Emergency/Doctor advice में ही उपयोग।
23	Sedatives	केवल doctor की उपस्थिति में।
24	Iron Injection	Test dose + BP monitoring आवश्यक।

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Sr	Injection Category	Summary
25	Insulin	Only doctor-guided; sugar check के बाद

E. DOCUMENTATION RULES

Sr	Document	Summary
26	Injection Register	Patient name, dose, batch, route, signature अनिवार्य।
27	Stock Register	Received / Used / Balance की daily entry रखें।
28	Expired Return	Expired vials अलग रखें और vendor को handover करें।
29	Doctor Order File	Antibiotics/Insulin orders record में रखें।
30	Incident Log	Reaction/complication तुरंत register में लिखें।

F. EMERGENCY & SAFETY RULES

Sr	Guideline	Summary
31	Emergency Kit	Adrenaline, Hydrocortisone, Oxygen, IV fluids ready हों।
32	Anaphylaxis Protocol	Adrenaline IM तुरंत देकर hospital referral करें।
33	Oxygen Use	Respiratory distress में oxygen immediately दें।
34	Shock Care	NS/RL bolus + vitals monitoring।
35	Referral Rule	Severe case तुरंत hospital refer करें।

G. PROHIBITED INJECTIONS

Sr	Not Allowed	Summary
36	Narcotics	Morphine/Pethidine आदि PHCC में प्रतिबंधित।
37	Anaesthetic Agents	Propofol/Thiopentone नहीं।
38	Chemo Drugs	किसी भी प्रकार की chemotherapy prohibited।
39	High-risk Cardiac	Amiodarone, dopamine continuous allowed नहीं।
40	Blood Products	Blood transfusion PHCC में prohibited।

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INJECTION STOCK & ADMINISTRATION REGISTER**SECTION – A : INJECTION STOCK REGISTER**

Sr. No.	Injection Name	Strength	Batch No.	Mfg. Date	Expiry Date	Received Qty	Issued Qty	Balance Qty	Supplier Name	Invoice No. / Date	Remarks
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SECTION – B : DAILY OPENING & CLOSING BALANCE

Date	Opening Balance	Received	Total Stock	Issued Today	Closing Balance	Verified By (Signature)
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SECTION – C : INJECTION ADMINISTRATION LOG

Sr. No.	Date	Patient Name	Age/Gender	OPD / Reg. No.	Injection Name	Dose	Route (IM/IV/SC)	Batch No.	Given By (Name & Signature)	Doctor Order (Yes/No)	Post-Observation Notes
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SECTION – D : HIGH-RISK INJECTION CONTROL ENTRY

Sr. No.	Injection Name	Category (AB/ST/INS/SED)	Test Dose Done (Yes/No)	BP / Sugar Check	Doctor's Signature	Reaction / Adverse Event
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SECTION – E : COLD-CHAIN TEMPERATURE LOG (For Vaccines/Insulin)

Date	Time	Refrigerator Temperature (°C)	Checked By	Remarks
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SECTION – F : EXPIRED / DAMAGED INJECTION RECORD

Sr. No.	Injection Name	Batch No.	Expiry Date	Qty	Reason (Expired/Damaged)	Removed On	Disposed By	Witness Signature
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SECTION – G : EMERGENCY DRUG USAGE RECORD

Sr. No.	Drug Name	Indication (Reaction/Shock/Anaphylaxis)	Dose Given	Time	Patient Name	Referred to Hospital (Yes/No)	Handled By	Remarks
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